




and **Our Valued supporters** present the **2011 Rides of March**



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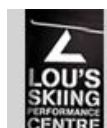
<b>EVENT:</b> 	<b>Rides of March - Western Canadian Masters Alpine Championships</b> Nakiska, Alberta. 4 race starts; 2 x SG and 2 x GS. Friday - SG training, Saturday – 2 x SG, Sunday – 2 x GS. Held on Mapmaker; training run for Canada's National Alpine Ski Team.	
<b>HOST:</b>	Alberta Masters Ski Club	
<b>LOCATION / COURSE</b>	Nakiska Resort, Kananaskis, Alberta MapMaker run on the new Express Gold chair <a href="http://www.skinakiska.com/">http://www.skinakiska.com/</a>	
<b>SANCTION:</b>	ACA/AASA	
<b>DATES:</b>	Friday March 18, 2010 Saturday March 19, 2010 Sunday March 20, 2010	Timed Training runs 2 x SG races 2 x GS races (1 run each race)
<b>ELIGIBILITY:</b>	<b>National alpine registered Masters, K2 athletes and FIS registered athletes as per AASA/ACA</b> Open to All Canadian national card holders (Masters and Masters FIS); including FIS and K2 athletes. A weekend race card is available for purchase at registration. Note that National points will not be awarded for a weekend card.	
<b>RACE RULES:</b>	As per ICR. Protests in writing within 15 minutes of DSQ. Posting accompanied by \$20.00 per protest. All seeding will be done by Masters age category. Random draw will determine the bib order within seeds.	
<b>RACE ENTRY DEADLINE:</b>	<b>2100 hrs, Monday, March 14<sup>th</sup>, 2011.</b> Entries accepted after the deadline will be seeded last in their appropriate age category. <b>Day of Registration</b> will be available in the lobby of the Nakiska main day-lodge up to 08:30 hrs each race morning to allow for late entries and to facilitate bib dispersal and fee payment.	
<b>ENTRY FEE:</b>	<b>\$245.00 for 3 days; includes 1 draw ticket, 1 banquet ticket, and 1 souvenir shirt.</b> There will be a draw for one pair of Nordica All Mountain skis (valued at \$1000 each) on Saturday at the banquet. <b>Friday Training only \$45.00;</b> <b>Saturday SG only \$90;</b> <b>Sunday GS only \$90;</b> Fees can be paid at the registration are due by the Team Captain/Draw meeting. Race Office opens for payment at 14:00 hrs, Friday March 18 <sup>th</sup> . Payment by cash, cheques, and money orders only. Make cheques payable to: <b>Alberta Masters Ski Club.</b> A race card is required. Weekend race cards will be available at registration at a cost of \$45. This fee goes to Alberta Alpine & Alpine Canada.	



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<b>ENTRIES:</b>	<b>Fax or email COMPLETED ENTRY FORMS to:</b>	
	<b>Phyllis Kennedy</b> <b>Tel: (403)993-5204</b> <b>FAX: (403)292-6001</b> <b>(no faxes after entry deadline)</b> <b>Email: <a href="mailto:kennedype@shaw.ca">kennedype@shaw.ca</a></b> <b>An email confirmation of entries will be sent</b>	<b>Andrew Dawson</b> <b>Tel: (403) 890-0340</b>  <b><a href="mailto:andrew.dawson@shaw.ca">andrew.dawson@shaw.ca</a></b>
<b>LIFT TICKETS:</b>	Competitors and Coaches - \$39 per day. Please present your bib at the ticket counter.	
<b>DRAW/ Team Captains MEETING:</b>	If required by ROC, meeting will be announced at beginning of training day Friday.	
<b>AWARDS:</b>	Awards will be presented Saturday at the Banquet for the SG, Sunday in the Finish Line Lounge for the GS and Overall. We will make every effort to be wound up Sunday by 16:30 hrs. Awards will be presented in each masters' age group categories. Overall awards will be presented in each age group based on the results of all 4 races (you must finish all 4 races to qualify for the overall awards).	
<b>VOLUNTEERS:</b>	Volunteer check-in at the Race Office 07:45 to 08:00 hrs each morning. In the spirit of Masters racing please bring a friend who can pitch in. Volunteers will receive a lunch, shirt and a lift ticket each day. As well, we will have a volunteer recognition draw for some prizes each day at the awards. Our volunteer coordinator is Diana Liptak. Please email her at <a href="mailto:dianaliptak@gmail.com">dianaliptak@gmail.com</a>	
<b>RACE COMMITTEE:</b>	Chief of Race: Chief of Volunteers: Chief of Course: Chief of Equipment: Race Admin: Chief of Timing Technical Delegate	Derek Demers Diana Liptak George Motter Scott Findlay Phyllis Kennedy Dave Bartle Nick Tadeo  (403)249-3060
<b>ACCOMMODATION:</b>	Accommodations are the responsibility of individuals and/or coaches. Local options include the Executive Resort at Kananaskis, the Delta Kananaskis Lodge and the Stoney Nakoda Resort. Preferred rate available at the Delta Kananaskis Lodge as low as \$99 per night book before February 26 <sup>th</sup> . Please quote Alberta Masters Ski Club – Group Code RI0317. <b>Contact Heather at 403 591-6844 or</b> <b>Email: <a href="mailto:hreddick@deltahotels.com">hreddick@deltahotels.com</a></b> <b>Toll Free: 1-866-432-4322</b>	



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## **Event Details:**

**Thursday March 17<sup>th</sup>** is a setup day, free skiing will be permitted on the run. If you are able to lend a hand in final setup and preparation for the training and racing, your assistance will be greatly appreciated. Our crew will be on the Mapmaker run during the day.

**Friday March 18<sup>th</sup>** is SG Training which will take place in the morning as time permits. The tentative schedule is for training starting at 10am until 1pm. A mandatory inspection from 9:30 to 10:00 must be taken prior to taking a training run. Our wireless timing system will be setup for athletes to use. You will be assigned a number at the start of the day Friday in the lower day lodge during registration. Spreadsheet formatted results should be available at the end of the training day. The training course will be closed early in the afternoon to allow for the race course to be set. Please ensure you assist the course setter with race hill preparation and setting assistance. Your contribution to assist helps our other individuals, many of whom are racing as well.

## **Saturday March 19<sup>th</sup>**

Two serious 60 second plus SG races on MapMaker will leave you wanting more. This run is used during the Canadian National Championships. Finish will be at the base of the Express Gold chair.

## **Sunday March 20<sup>th</sup>**

Two 1 run full length GS races are on track for Sunday. Expect 60 second + runs on the same run as the Super-G.

## **Saturday March 19<sup>th</sup> & Sunday March 20<sup>th</sup> - Tentative Race Day Schedule:**

Race office opens	7:30 am - Legacy House basement
Volunteer check in	7:45 to 8:00 am @ the race office; race office equipment and job assignments; lift ticket (if you don't have a season pass), and lunch.
Bib / Racer Registration	7:45 to 8:45 each morning @ the Lobby of Nakiska day lodge
Lifts open	8:30 am Silver express, Gold Chair 9:00 am
TD inspections complete	9:20 am
Course open Race insp.	9:30 am to 10:00
Ladies Forerunners	10:25 am
Ladies Racers	10:30 am
Course Work	Immediately following Ladies Racers
Men's Forerunners	10:55 am
Men's Racers	11:00 am
2 <sup>nd</sup> Race Prep	Immediately following first race with course reset where necessary. Please ensure you make yourself available to assist with slipping.
2 <sup>nd</sup> Race Jury Inspection	12:00
2 <sup>nd</sup> Race Inspection	12:15 – 12:45
Ladies Forerunners	12:55 pm
Ladies Racers	1:00 pm
Course Work	Immediately following Ladies Racers
Men's Forerunners	1:25 pm
Men's Racers	1:30 pm
Daily Awards lodge.	Saturday – banquet & awards at 4:30 in the Finish Line bar – upstairs in the main day lodge. Sunday @ 3:30 in the Finish Line bar (upstairs in the main day lodge)

**NOTE: Banquet cost is \$35. Please sign up on the registration form for the banquet. We need to pre-book the banquet. Please submit your registration ASAP.**



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We plan to have an electronic display board in the finish area with your time and current placing.

After the SG race, hill prep and GS course setting will occur. Please ensure you cycle to the top of the course to assist with course work and setting.

Note that no awards will be presented until after all course work is completed.

**Daily Video:** As available; will be run in the Finish Line after course work is complete. Video will be made available on the Internet for individuals to view and download.

**Photo's:** in continuation with our tradition, each athlete will receive pictures from the event. We will setup an online account and load images for those compete. Note that it make take a week from the time the event is finished until the photos are available.

**Silent Auction:** We will be having our 2<sup>nd</sup> Annual Silent Auction on Saturday and Sunday. The auction will be open to racers and the general public in the main day lodge. A variety of skiing and non-skiing items will be included. Your support of this auction is appreciated. Funds raised go to offset the cost of hosting this event.

It is imperative that your acceptance of the hazards of Alpine racing and provisions for competitor's cards and appropriate insurance as provided by Alpine Canada be met. Jury decisions regarding competitor fitness and safety equipment are final. It is the competitor's responsibility to accept the challenges of conditions and measure their own abilities. We have an excellent hill, well prepared with excellent safety and professionally administered.

Fence tear-down and clean-up will likely be minimal. However, we will have equipment to bundle and pack down the hill. Please ensure you are at the top of the race course on Sunday afternoon to assist with moving our equipment back to the bottom of the hill.

This event will also likely be the best SG and GS races in your 2011 calendar. Thank you for joining us and making this event successful.



CALGARY  
HYUNDAI



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**Registration Form: Advance Entry Deadline is Monday March 14<sup>th</sup>, 2011**

Race Day Registration available at Nakiska Daylodge before 8:30am

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, Province, Postal Code \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

National Card Number: \_\_\_\_\_

Weekend Card Required: \_\_\_\_\_ (if you don't have a race card; cost is \$45)

**\$245.00 includes training and race entry for 3 days, 1 draw tickets for one pair of Nordica All Mountain skis (valued at \$1000), a banquet and a souvenir shirt.**

Three Day Event Package: \_\_\_\_\_ x \$200 (does not include banquet or shirt)

Saturday Banquet (& SG Awards): \_\_\_\_\_ x \$35\*

Shirt Size: \_\_\_\_\_ x \$10      S      M      L      XL      XXL

\*\*All efforts will be made to provide requested size

Single Day Event Sign-up:

Friday Training Only: \_\_\_\_\_ x \$45

Saturday SG Only: \_\_\_\_\_ x \$90

Sunday GS Only: \_\_\_\_\_ x \$90

\* All banquet tickets must be pre-ordered. Race day sign up for the banquet is not available. Additional banquet tickets are \$35 and must be pre-ordered.

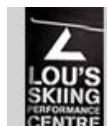
Payment by cash, cheque, or money order to be made at the Registration desk in the Day Lodge.

Friday March 18<sup>th</sup>, 2011 – Timed SG Training Runs

Saturday March 19<sup>th</sup>, 2011 – 2 x SG races

Sunday March 20<sup>th</sup>, 2011 – 2 x 1 run GS races

Email completed registration form to Phyllis @ [kennedype@shaw.ca](mailto:kennedype@shaw.ca) or Andrew @ [Andrew.dawson@shaw.ca](mailto:Andrew.dawson@shaw.ca).



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