





13	Registered									
14	Registered									
15	Registered									
16	Registered									
17	Registered									
18	Registered									
19	Registered	49.646								Keep your hands more downhill and this will help you keep the skis carving through the entire turn.
20	Registered									
21	Registered									
22	Registered									
23	Registered									
24	Registered	55.153	55.836							Good skiing , make sure you are always looking downhill. This will stop you from your hips moving downward and will help with a quicker switch between turns.
25	Registered									
26	Registered									
27	Registered									
28	Registered	58.497								You have great start and almost finish of the turn but you need to keep the movement going down the hill ( Like falling) instead of finishing your turn by moving your butt down as you go by the gate.
29	?? Available???									
30	Registered									
31	Registered									
32	?? Available???									
33	Registered									
34	?? Available???									
35	Registered									
36	Registered									
37	Registered									
38	?? Available???									
39	?? Available???									
40	Registered									
41	Registered	66.594								Good to see you use all your joints , but don't forget to keep looking downhill.
42	Registered									
43	Registered									
44	Registered									
45	Registered									
46	?? Available???	53.333								Good skiing , try to keep focus on down the hill and always moving your hands forward throughout the turns.
47	?? Available???									
48	Registered									
49	Registered									
50	Registered									
51	Registered									
52	Registered	50.741								I started noticing that when you are coming to the gate your hands are good but when you pass the gate they like to move outwards and back sending you back on your tails.
53	Registered									
54	Registered									Great perfect turns, just make sure you are continuously moving all the joints throughout the turn.
55	Registered									
56	?? Available???									
57	Registered									
58	Registered	52.701	51.995	52.152						On the pitch you tend to follow but when you are 1/2 way down the pitch the movements are very good with continues movements throughout the turn.









38	?? Available???								
39	?? Available???								
40	Registered								
41	Registered								
42	Registered								
43	Registered								
44	Registered	44.371	43.637	44.633	45.151				
45	Registered	44.535	44.445	12.313	43.480				
46	?? Available???								
47	?? Available???								
48	Registered								
49	Registered	50.863							
50	Registered	44.649	43.735	43.029					
51	Registered								
52	Registered	42.507	109.926	43.834	43.800				
53	Registered								
54	Registered								
55	Registered								
56	?? Available???								
57	Registered								
58	Registered	44.455	43.439	43.832					
59	?? Available???								
60	Registered								
61	?? Available???								
62	Registered								
63	Registered	77.225	72.221	74.060	71.079	72.976			
64	Registered	60.686	62.882	61.867	62.967	60.706			
65	Registered	50.899	50.736	50.366	50.801	51.927			
66	Registered	44.302	44.304	44.605	44.518	45.340			
67	Registered								
68	Registered	49.894	47.892	48.696	48.181	47.818	47.818		
69	Registered	39.983	39.092	39.231	39.327	39.097	39.327		
70	Registered								
71	?? Available???								
72	?? Available???								
73	Registered								
74	?? Available???								
75	?? Available???								
76	?? Available???								
77	Registered								
78	?? Available???								
79	Registered	40.564	67.175	40.223					
80	?? Available???								
81	?? Available???								
82	Registered								
83	?? Available???								
84	?? Available???								
85	?? Available???								
86	?? Available???								
87	Registered								
88	Registered								
89	Registered								
90	Registered								
91	Registered								
92	Registered								
93	Registered								
94	?? Available???								
95	?? Available???								
96	Registered	49.672							
97	Registered								
98	Registered								
99	Registered								



63	Registered								
64	Registered								
65	Registered								
66	Registered	61.320	28.301	29.674	59.752	18.875			
67	Registered	61.148	5.688						
68	Registered								
69	Registered								
70	Registered								
71	?? Available???								
72	?? Available???								
73	Registered								
74	?? Available???								
75	?? Available???								
76	?? Available???								
77	Registered								
78	?? Available???								
79	Registered								
80	?? Available???								
81	?? Available???								
82	Registered	56.241	56.613	56.892					
83	?? Available???								
84	?? Available???								
85	?? Available???								
86	?? Available???								
87	Registered								
88	Registered								
89	Registered								
90	Registered								
91	Registered								
92	Registered	24.388							
93	Registered								
94	?? Available???								
95	?? Available???								
96	Registered	71.355	24.497	66.938					
97	Registered								
98	Registered								
99	Registered								
<b>March 7, 2011 (Slalom 28 turns) at Canada Olympic Park</b>									
		Slalom 28 gates	Slalom 28 gates	Slalom 28 gates	Slalom 28 gates	Slalom 28 gates	Slalom 28 gates	Slalom 28 gates	Slalom 28 gates
0	Registered	34.644							
1	Registered	131.527	22.771	22.987	23.421	23.084	24.874	25.645	
2	Registered								
3	Registered	23.891	23.730	48.553	62.109	24.429	25.111	24.790	25.137
4	Registered								
5	Registered								
6	Registered								
7	Registered								
8	Registered								
9	Registered								
10	Registered	33.311	33.535	33.702					
11	Registered	7.402							
12	Registered								
13	Registered								
14	Registered								
15	Registered								
16	Registered								
17	Registered								
18	Registered								
19	Registered								
20	Registered								
21	Registered								
22	Registered	24.859	24.899	24.326	80.487				
23	Registered	394.339	24.135	24.183	24.144				

24	<b>Registered</b>	31.500	32.367	90.192	32.300				
25	<b>Registered</b>								
26	<b>Registered</b>								
27	<b>Registered</b>								
28	<b>Registered</b>								
29	<b>?? Available???</b>								
30	<b>Registered</b>								
31	<b>Registered</b>								
32	<b>?? Available???</b>								
33	<b>Registered</b>								
34	<b>?? Available???</b>								
35	<b>Registered</b>								
36	<b>Registered</b>	28.321	27.965	28.245	29.342	29.095	333.942	28.421	
37	<b>Registered</b>								
38	<b>?? Available???</b>								
39	<b>?? Available???</b>								
40	<b>Registered</b>								
41	<b>Registered</b>								
42	<b>Registered</b>								
43	<b>Registered</b>								
44	<b>Registered</b>								
45	<b>Registered</b>								
46	<b>?? Available???</b>								
47	<b>?? Available???</b>								
48	<b>Registered</b>								
49	<b>Registered</b>								
50	<b>Registered</b>								
51	<b>Registered</b>								
52	<b>Registered</b>								
53	<b>Registered</b>								
54	<b>Registered</b>								
55	<b>Registered</b>								
56	<b>?? Available???</b>								
57	<b>Registered</b>								
58	<b>Registered</b>								
59	<b>?? Available???</b>								
60	<b>Registered</b>								
61	<b>?? Available???</b>								
62	<b>Registered</b>								
63	<b>Registered</b>								
64	<b>Registered</b>								
65	<b>Registered</b>								
66	<b>Registered</b>	26.718	26.192	26.592	59.771				
67	<b>Registered</b>								
68	<b>Registered</b>	31.398							
69	<b>Registered</b>	42.919	22.333	41.669	21.839	45.272			
70	<b>Registered</b>								
71	<b>?? Available???</b>								
72	<b>?? Available???</b>								
73	<b>Registered</b>								
74	<b>?? Available???</b>								
75	<b>?? Available???</b>								
76	<b>?? Available???</b>								
77	<b>Registered</b>								
78	<b>?? Available???</b>								
79	<b>Registered</b>								
80	<b>?? Available???</b>								
81	<b>?? Available???</b>								
82	<b>Registered</b>	24.480	24.918	24.244	23.905	56.945	24.361	24.537	
83	<b>?? Available???</b>								
84	<b>?? Available???</b>								
85	<b>?? Available???</b>								
86	<b>?? Available???</b>								
87	<b>Registered</b>								
88	<b>Registered</b>								





66	<b>Registered</b>	35.856	110.107	60.231	101.024	54.620	71.627	59.852	Good free skiing , everything is level and moving downhill. In the course you are attacking the gate but when you start the turn you are moving everything up in the air and not throwing yourself downward.
67	<b>Registered</b>	60.095	60.568						I am glad to see your are bring your hands up and strong on the movement down the hill. Great job. In the course it seem like you were rushing all the movements.
68	<b>Registered</b>	95.429	64.954						Watch when you get into the tuck. Sometimes you need to ski the gate and not tuck because you have no control of the turn. This will come with experience and more mileage in the gates. I think you are starting to feel how the ski is pushing you the back seat and we need to have a continuous motion in the turn, it is never start and then wait.
69	<b>Registered</b>	51.816	52.161						Better afternoon and working on moving the hip forward as you move past the gate. Don't be lazy with your hands.
70	<b>Registered</b>								
71	<b>?? Available???</b>								
72	<b>?? Available???</b>								
73	<b>Registered</b>								
74	<b>?? Available???</b>								
75	<b>?? Available???</b>								
76	<b>?? Available???</b>								
77	<b>Registered</b>								
78	<b>?? Available???</b>								
79	<b>Registered</b>	53.882	54.220						Good job in the gates today, I see you set the edge but turns are sometimes not strong and positive. You seem to loose the ski performance as you are going by the gate. It is just timing and more mileage.
80	<b>?? Available???</b>								
81	<b>?? Available???</b>								
82	<b>Registered</b>	55.734							Watch when you commit to the downhill you are strong and forward. I see the outside get away from you. Tuck is still a little too high ( Shoulders up)
83	<b>?? Available???</b>								
84	<b>?? Available???</b>								
85	<b>?? Available???</b>								
86	<b>?? Available???</b>								
87	<b>Registered</b>								
88	<b>Registered</b>								
89	<b>Registered</b>								
90	<b>Registered</b>	61.304	61.239						Good job on the free skiing, you are truly understanding the importance of the movement down the hill. Watch the inside knee is working as strong as your downhill knee.
91	<b>Registered</b>								
92	<b>Registered</b>								Skis are starting the turn apart and when you are about to switch edges you tip inwards making that ski come together. In the course you are showing some great skiing and getting strong on the downhill ski.
93	<b>Registered</b>								Great day today for you. Your looking strong on the downhill ski. In the course you still need to drive everything down the hill , that includes your hips. Fantastic job in the course.
94	<b>?? Available???</b>								
95	<b>?? Available???</b>								
96	<b>Registered</b>								



35	<b>Registered</b>									Great work on your skiing, lets see that all the momentum is moving down the hill. Instead of moving downhill with the body , you lift the shoulders up in the air and then you move downward. It should always move downhill.
36	<b>Registered</b>									
37	<b>Registered</b>	56.434	57.334	57.236	56.520					Some one is using this number that is not register this number
38	<b>?? Available???</b>									
39	<b>?? Available???</b>									
40	<b>Registered</b>									
41	<b>Registered</b>									
42	<b>Registered</b>									
43	<b>Registered</b>									
44	<b>Registered</b>	59.076	57.123	17.314	56.477	56.888				Need to be more committed to downhill ski at the gate, it looks like you are not moving / looking downhill. In the tuck you are ok , still a little too high in the shoulders.
45	<b>Registered</b>	54.091	54.613	55.294						I was noticing you following your skis too much, which is causing you to tip inside the turn. ( Look farther downhill) Tuck we can get the shoulders lower.
46	<b>?? Available???</b>									
47	<b>?? Available???</b>									
48	<b>Registered</b>									
49	<b>Registered</b>									
50	<b>Registered</b>	52.865	17.943	52.440	51.691					We need to feel more of a "C" shape at the gate. What I see is a tipping of the body when you are at the gate. What could help is more movement downhill when you are starting the turn and looking farther downhill.
51	<b>Registered</b>									
52	<b>Registered</b>	52.980	52.630	50.071	50.416	50.550				You are tipping your shoulders too long in the turn this is why you are loosing your outside ski. Are you anticipating the move or just holding on the feeling.
53	<b>Registered</b>									
54	<b>Registered</b>									Great job on your skiing, best movements I have seen you do. Keep it up.
55	<b>Registered</b>	53.850	53.601							Better today in a tuck, both knees were working together. When you were upwards there seem to be more "A" frame skiing . Lets see if we can Just work on the inside knee, we know the outside is always working well.
56	<b>?? Available???</b>									
57	<b>Registered</b>									
58	<b>Registered</b>	55.375	15.634	55.117	54.833					Shoulders are level but at the gate you are still tipping inwards causing you to loose the outside ski. See if maybe looking downhill farther might correct this issue.
59	<b>?? Available???</b>									
60	<b>Registered</b>									
61	<b>?? Available???</b>									
62	<b>Registered</b>									
63	<b>Registered</b>									
64	<b>Registered</b>									
65	<b>Registered</b>									
66	<b>Registered</b>	53.013	53.213	20.644	53.457	53.158				You are not moving downhill with body when starting the new turn causing you to run at the gate straight and then your shoulders are tipped at the gate.



4	Registered								
5	Registered								
6	Registered								
7	Registered	59.846	23.538						
8	Registered								
9	Registered								
10	Registered								
11	Registered								
12	Registered								
13	Registered								
14	Registered								
15	Registered								
16	Registered	56.829	57.974	57.196	59.13	59.13			
17	Registered								
18	Registered	60.983	62.49	61.866	61.866	63.188	63.188	14.379	
19	Registered								
20	Registered								
21	Registered								
22	Registered								
23	?? Available???								
24	Registered	62.306	60.067	61.543					
25	Registered								
26	Registered								
27	Registered								
28	Registered								
29	?? Available???								
30	Registered								
31	Registered								
32	?? Available???								
33	Registered								
34	?? Available???								
35	Registered								
36	Registered								
37	Registered								
38	?? Available???								
39	?? Available???								
40	Registered								
41	Registered								
42	Registered								
43	Registered								
44	Registered	57.308	56.882	58.72	27.035	59.171			
45	Registered								
46	?? Available???								
47	?? Available???								
48	Registered								
49	Registered								
50	Registered								
51	Registered								
52	Registered								
53	Registered								
54	Registered								
55	Registered								
56	?? Available???								
57	Registered								
58	Registered	54.703	54.845	55.458	57.093				
59	?? Available???								
60	Registered								
61	?? Available???	70.103	70.481	18.904	70.678	18.716			
62	Registered								
63	Registered								
64	Registered								
65	Registered								
66	Registered								
67	Registered	55.972	56.187	55.801	58.091	55.912			
68	Registered								









15	<b>Registered</b>								
16	<b>Registered</b>	51.420	50.620	50.890					
17	<b>Registered</b>								
18	<b>Registered</b>	53.700	53.550						
19	<b>Registered</b>	45.070	44.780						
20	<b>Registered</b>								
21	<b>Registered</b>	70.920	63.650	68.060	63.170				
22	<b>Registered</b>								
23	<b>?? Available???</b>								
24	<b>Registered</b>	52.290	53.450	53.440	53.040				
25	<b>Registered</b>								
26	<b>Registered</b>								
27	<b>Registered</b>								
28	<b>Registered</b>								
29	<b>?? Available???</b>								
30	<b>Registered</b>								
31	<b>Registered</b>								
32	<b>?? Available???</b>								
33	<b>Registered</b>								
34	<b>?? Available???</b>								
35	<b>Registered</b>								
36	<b>Registered</b>								
37	<b>Registered</b>								
38	<b>?? Available???</b>								
39	<b>?? Available???</b>								
40	<b>?? Available???</b>								
41	<b>Registered</b>								
42	<b>Registered</b>								
43	<b>Registered</b>								
44	<b>Registered</b>	67.770	50.310	49.940	50.910	50.750			
45	<b>Registered</b>	50.020	49.280	47.940	48.150	48.810			
46	<b>?? Available???</b>								
47	<b>?? Available???</b>								
48	<b>Registered</b>								
49	<b>Registered</b>								
50	<b>Registered</b>	51.400	50.080	50.160	51.450				
51	<b>Registered</b>	48.600	49.980	49.710	51.320				
52	<b>Registered</b>								
53	<b>Registered</b>								
54	<b>Registered</b>	50.280	50.990	51.690	53.460	52.310	85.450		
55	<b>Registered</b>								
56	<b>?? Available???</b>								
57	<b>Registered</b>								
58	<b>Registered</b>	48.740	49.440	49.270					
59	<b>?? Available???</b>								
60	<b>Registered</b>								
61	<b>?? Available???</b>								
62	<b>Registered</b>								
63	<b>Registered</b>								
64	<b>Registered</b>								
65	<b>Registered</b>								
66	<b>Registered</b>	50.260	49.980	50.130	51.510				
67	<b>Registered</b>	47.660	49.120	49.100	50.070				
68	<b>Registered</b>								
69	<b>Registered</b>	43.600	44.410	44.440	44.630	44.580	45.320		
70	<b>Registered</b>	46.200	46.300	47.620	47.780	47.950			
71	<b>?? Available???</b>								
72	<b>?? Available???</b>								
73	<b>Registered</b>								
74	<b>?? Available???</b>								
75	<b>?? Available???</b>								
76	<b>?? Available???</b>								
77	<b>Registered</b>								
78	<b>?? Available???</b>								
79	<b>Registered</b>	44.240	54.610	44.890	44.980	45.000			





1	Registered	53.250	82.420							
2	Registered	47.960	82.220							
3	Registered									
4	Registered									
5	Registered									
6	Registered									
7	Registered									
8	Registered									
9	Registered									
10	Registered									
11	Registered									
12	Registered									
13	Registered	3.470	4.360							
14	Registered									
15	Registered									
16	Registered									
17	Registered									
18	Registered	89.840	89.590							
19	Registered									
20	Registered									
21	Registered									
22	Registered									
23	?? Available???									
24	Registered									
25	Registered									
26	Registered									
27	Registered									
28	Registered									
29	?? Available???									
30	Registered									
31	Registered									
32	?? Available???									
33	Registered									
34	?? Available???									
35	Registered									
36	Registered									
37	Registered									
38	?? Available???									
39	?? Available???									
40	?? Available???									
41	Registered									
42	Registered									
43	Registered									
44	Registered									
45	Registered	51.530								
46	?? Available???									
47	?? Available???									
48	Registered									
49	Registered									
50	Registered									
51	Registered	85.450								
52	Registered	54.720	83.450							
53	Registered									
54	Registered									
55	Registered									
56	?? Available???									
57	Registered									
58	Registered									
59	?? Available???									
60	Registered									
61	?? Available???									
62	Registered									
63	Registered	54.880	6.760							
64	Registered	1.230								
65	Registered	92.690	93.230							









15	Registered									
16	Registered									
17	Registered									
18	Registered									
19	Registered	53.534	51.146	50.698	50.707					
20	Registered									
21	Registered	70.316								
22	Registered									
23	?? Available???									
24	Registered									
25	Registered									
26	Registered									
27	Registered									
28	Registered									
29	?? Available???									
30	Registered									
31	Registered									
32	?? Available???									
33	Registered									
34	?? Available???									
35	Registered									
36	Registered									
37	Registered									
38	?? Available???									
39	?? Available???									
40	?? Available???									
41	Registered									
42	Registered									
43	Registered									
44	Registered	56.753	54.053	55.086						
45	Registered	53.786								
46	?? Available???									
47	?? Available???									
48	Registered	57.829	57.664							
49	Registered									
50	Registered									
51	Registered									
52	Registered	53.527	52.700	52.498						
53	Registered									
54	Registered									
55	Registered	8.025	54.400	52.999						
56	?? Available???									
57	Registered									
58	Registered									
59	?? Available???									
60	Registered									
61	?? Available???									
62	Registered									
63	Registered									
64	Registered									
65	Registered									
66	Registered	53.642	26.787	54.004	52.728					
67	Registered	56.628	53.192	51.721						
68	Registered									
69	Registered	49.224	49.270							
70	Registered	53.839	53.634	52.855	52.981					
71	?? Available???									
72	?? Available???									
73	Registered									
74	?? Available???									
75	?? Available???									
76	?? Available???									
77	Registered	56.017	55.304	53.898	53.683					
78	?? Available???									
79	Registered	50.840	50.238							



40	?? Available???								
41	Registered								
42	Registered	33.774	31.097	30.226					
43	Registered								
44	Registered	24.291	23.812	23.746	23.88	23.845	23.3		
45	Registered								
46	?? Available???								
47	?? Available???								
48	Registered								
49	Registered								
50	Registered								
51	Registered	22.619	22.74	22.57	22.367	22.13	22.753	21.569	
52	Registered								
53	Registered	26.22	24.646	24.631					
54	Registered	23.887	23.732	23.107	22.965	23.199			
55	Registered								
56	?? Available???								
57	Registered								
58	Registered								
59	?? Available???								
60	Registered								
61	?? Available???								
62	Registered								
63	Registered	36.567	35.273	35.024	34.779				
64	Registered	31.941	32.115	31.318	30.761				
65	Registered	27.581	27.944	27.947	27.424	26.755	25.252		
66	Registered	DNF	22.897	DNF	23.565	23.223	22.209	22.133	
67	Registered	24.048	24.269	24.302	23.582	22.736	22.58		
68	Registered	25.236	26.101	25.321	26.846	25.878	25.154		
69	Registered								
70	Registered	23.469	22.208	22.678	22.38	21.711	21.355		
71	?? Available???								
72	?? Available???								
73	Registered								
74	?? Available???								
75	?? Available???								
76	?? Available???								
77	Registered								
78	?? Available???								
79	Registered								
80	?? Available???								
81	?? Available???								
82	Registered								
83	?? Available???								
84	?? Available???								
85	?? Available???								
86	?? Available???								
87	?? Available???								
88	Registered								
89	Registered								
90	Registered								
91	Registered								
92	Registered								
93	Registered								
94	?? Available???								
95	?? Available???								
96	Registered	26.855	26.982	25.982	24.549	25.094	DNF		
97	Registered								
98	Registered	23.587	23.89	23.684	23.883	23.152	23.415		
99	Registered								

**January 9 2011 Slalom (56 turns) in the Afternoon at Nakiska**

		Slalom 56 gates	Slalom 56 gates	Slalom 56 gates	Slalom 56 gates	Slalom 56 gates	Slalom 56 gates	Slalom 56 gates	
0	Registered								



66	<b>Registered</b>	59.60	58.97	58.07	58.87	57.64				
67	?? Available???									
68	?? Available???									
69	<b>Registered</b>	53.91								
70	<b>Registered</b>	60.82	61.29							
71	?? Available???									
72	?? Available???									
73	<b>Registered</b>									
74	?? Available???									
75	?? Available???									
76	?? Available???									
77	<b>Registered</b>									
78	?? Available???									
79	<b>Registered</b>	56.22	54.92	54.90	55.04					
80	?? Available???									
81	?? Available???									
82	<b>Registered</b>									
83	?? Available???									
84	?? Available???									
85	?? Available???									
86	?? Available???									
87	?? Available???									
88	<b>Registered</b>									
89	<b>Registered</b>									
90	<b>Registered</b>									
91	<b>Registered</b>									
92	<b>Registered</b>									
93	<b>Registered</b>									
94	?? Available???									
95	?? Available???									
96	<b>Registered</b>	67.35	67.99							
97	<b>Registered</b>									
98	<b>Registered</b>									
99	<b>Registered</b>	70.51	69.90	66.90	81.05					































































